



## Temporal Sequential Pattern of Right Ventricular Free Wall Contraction in Normal Children

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**Background:** The temporal sequence of right ventricular (RV) deformation is related to RV dysfunction. The sequence of RV free wall contraction was investigated.

**Methods and Results:** In this prospective study, strain profiles using speckle-tracking echocardiography and tissue Doppler-derived pulmonary and tricuspid annular motion were assessed in 60 normal children. Circumferential RV free wall strain of 3 individual segments (anterior, lateral, and inferior) was evaluated. Longitudinal strain was assessed in 3 individual segments (RV outflow tract [RVOT], apical, and RV inflow tract [RVIT]). The isovolumetric contraction time (ICT) and the time interval between the onset of the QRS wave to the peak s' wave were measured for pulmonary and tricuspid annular motion velocities. The time to peak circumferential strain was significantly lower in the anterior than in the lateral and inferior segments (339.1±19.5, 358.3±21.8, and 366.6±22.4 ms, respectively;  $P<0.0001$ ). Longitudinal deformation of the RVOT segment occurred before the apical and RVIT segments (351.8±23.1, 366.3±20.1, and 369.2±21.3 ms, respectively;  $P<0.0001$ ). The ICT and the time to peak s' were significantly shorter in pulmonary than in tricuspid annular motion (49.4±10.1 vs 58.0±13.2 ms; and 104.7±12.2 vs. 160.5±27.1 ms;  $P<0.0001$  for each).

**Conclusions:** Longitudinal deformation of RVOT precedes RVIT. Circumferential deformation occurs in the anterior segment before the lateral and posterior segments. The presence of mechanical time heterogeneity appears important for RV performance.

**Key Words:** Children; Right ventricle; Speckle tracking; Tissue Doppler imaging

Right ventricular (RV) dyssynchrony is frequent in pulmonary arterial hypertension and is an independent predictor of clinical worsening, and may regress with effective treatment.<sup>1,2</sup> Abnormalities in the temporal pattern of RV mechanical activation have been proposed as one of the determinants of RV dysfunction in patients with surgically repaired congenital heart disease (CHD).<sup>3,4</sup> Cardiac resynchronization therapy (CRT) has shown benefits for patients with CHD and for those with medically refractory RV failure.<sup>5,6</sup> It can compensate for electrical and mechanical dyssynchrony in patients who have intraventricular conduction and mechanical delay. To evaluate RV dyssynchrony, the normal RV contractile pattern must be determined first. Then, the structural-functional relationship of the RV can be assessed, which would be helpful in directing CRT for patients with RV failure. Consequently, accurate determination of RV sequential contraction is important in the management of various cardiac diseases with congestive heart failure.

Temporal differences in the motion between the RV inlet and outlet in healthy subjects have been reported,<sup>4,7</sup> but characterization of the RV mechanical activation sequence with different imaging techniques has provided conflicting data.<sup>4,7,8</sup> The complex geometry and myofiber arrangement

of the RV makes the assessment of the RV mechanical activation sequential pattern challenging. Accordingly, the aim of the present study was to characterize the temporal sequence of RV free wall deformation in healthy subjects on 2-D speckle tracking echocardiography and tissue Doppler imaging.

### Methods

#### Subjects

A total of 60 consecutive healthy children (mean age, 2.8±1.4 years; range, 1.0-5.0 years) were prospectively examined between December 2013 and January 2016. Participants were included in this study only if they were between 1 and 5 years of age. All protocols were approved by the Institutional Review Board of the Tokushima University Hospital and conformed to the ethics guidelines of the Declaration of Helsinki (1975). The parents of all subjects provided written, informed consent for their children to participate in the study.

#### Standard Echocardiography

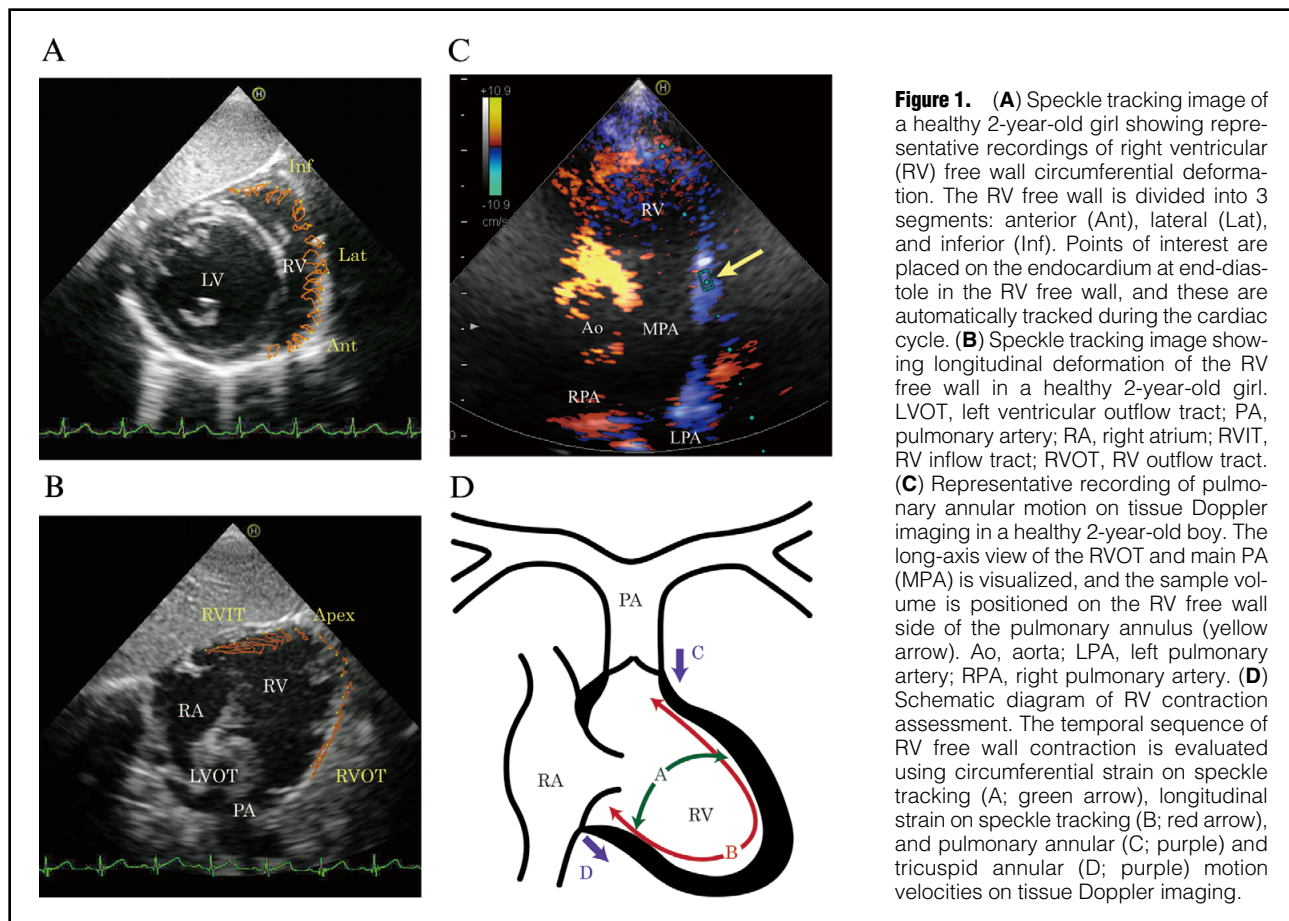
All echocardiography was performed with commercially available echocardiography systems equipped with 1–5

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**Figure 1.** (A) Speckle tracking image of a healthy 2-year-old girl showing representative recordings of right ventricular (RV) free wall circumferential deformation. The RV free wall is divided into 3 segments: anterior (Ant), lateral (Lat), and inferior (Inf). Points of interest are placed on the endocardium at end-diastole in the RV free wall, and these are automatically tracked during the cardiac cycle. (B) Speckle tracking image showing longitudinal deformation of the RV free wall in a healthy 2-year-old girl. LVOT, left ventricular outflow tract; PA, pulmonary artery; RA, right atrium; RVIT, RV inflow tract; RVOT, RV outflow tract. (C) Representative recording of pulmonary annular motion on tissue Doppler imaging in a healthy 2-year-old boy. The long-axis view of the RVOT and main PA (MPA) is visualized, and the sample volume is positioned on the RV free wall side of the pulmonary annulus (yellow arrow). Ao, aorta; LPA, left pulmonary artery; RPA, right pulmonary artery. (D) Schematic diagram of RV contraction assessment. The temporal sequence of RV free wall contraction is evaluated using circumferential strain on speckle tracking (A; green arrow), longitudinal strain on speckle tracking (B; red arrow), and pulmonary annular (C; purple) and tricuspid annular (D; purple) motion velocities on tissue Doppler imaging.

and 3–7-MHz sector transducers (Preirus digital ultrasound system; Hitachi-Aloka Medical, Tokyo, Japan). All data were acquired from subjects in the left lateral decubitus position during shallow respiration or end-expiratory apnea. Left ventricular end-diastolic dimension (LVEDD) and LV end-systolic dimension (LVESD) were measured in the parasternal long-axis view. Pulsed Doppler LV and RV inflows were recorded in the apical 4-chamber view, placing the sample volume at the level of the tips of the leaflets. LV ejection fraction (LVEF) was calculated from apical 2-chamber and 4-chamber images using the biplane Simpson's technique. All measurements were performed in 3 cardiac cycles and then averaged.

## 2-D Speckle Tracking Echocardiography

**Circumferential 2-D RV Free Wall Deformation** Circumferential RV free wall strain was evaluated from the subcostal LV short axis view. A region of interest was traced on the endocardium at end-diastole in the RV free wall from the LV short axis view at the level of the papillary muscles (Figure 1A). The RV free wall was divided into 3 segments (i.e., anterior, lateral, and inferior segments),<sup>9,10</sup> and 3 corresponding time-strain curves were evaluated.

**Longitudinal 2-D RV Free Wall Deformation** Longitudinal RV free wall deformation was assessed using the images acquired with a subxiphoid right anterior oblique view of the RV (Figure 1B). The images were obtained by inclining the head and rotating the transducer counterclockwise from the usual subxiphoid 4-chamber view. The RV longi-

tudinal free wall was divided into 3 segments: RV outflow tract (RVOT), apical, and RV inflow tract (RVIT) segments.<sup>9</sup>

After optimization of the gain, dynamic range, and time gain compensation, the digitized echocardiographic movie images were digitally stored with a frame rate ranging from 79 to 120 frames/s. Special care was taken to fine-tune the region of interest using visual assessment during cine loop playback to ensure that segments were tracked appropriately. All imaging data were digitized and stored on a hard disk in the ultrasound unit and then transferred to a personal computer for further analysis. Image analysis was performed using a novel customized software program with 2-D speckle tracking (US Image Viewer 2.0, Hitachi-Aloka Medical) containing a pattern-matching algorithm that tracks tissue pixels. A tracking point is selected in the first frame of a 2-D echocardiographic image, and the algorithm then searches the next frame for the region that is assumed to be the closest to the selected point, according to the distribution of pixel intensity. The total movement of the selected point was traced by repeating this process frame by frame throughout the whole cardiac cycle, and these data were then recorded as coordinates. The movement of the tracking point can be visualized on the screen during analysis, and the trace of the point can be visually confirmed (Figure 1A,B). When mistracking compared with the actual wall motion was judged visually, new points were set, and tracking was resumed. Points of interest were tracked several times, confirmed visually, and the average tracking pattern was selected for further analysis.

Movement of the points was automatically tracked during the cardiac cycle. Automated tracking was started at end-diastole, defined as the Q wave, on a simultaneously recorded electrocardiogram.

### Pulmonary Annular and Tricuspid Annular Motion

Pulmonary annular motion velocity was measured using tissue Doppler imaging (TDI) in the long-axis view of the RVOT and pulmonary artery.<sup>11</sup> Guided by the 2-D images, a sample volume with a fixed length of 5.0 mm was placed on the pulmonary annulus of the RV free wall side (yellow arrow, **Figure 1C**). Furthermore, tricuspid annular motion was recorded in the apical 4-chamber view. The ultrasound beam was positioned parallel to the direction of the pulmonary and tricuspid annular motions. All tissue Doppler parameters were measured during 3 consecutive heart cycles, and the means calculated. The pulmonary annular and tricuspid annular motion velocities evaluated on TDI reflect RVOT contraction and RVIT contraction, respectively.

### Temporal Sequence of RV Contraction

The assessment method of RV free wall contraction is shown in **Figure 1D**. The RV sequential contraction was evaluated by circumferential strain using the speckle tracking method (A; green arrow), the longitudinal strain using the speckle tracking method (B; red arrow), and the pulmonary annular (C; purple) and tricuspid annular (D; purple) motion velocities using TDI. In order to analyze the temporal sequence, the time interval between the onset of the QRS wave to the peak strain was measured for RV free wall strain. Furthermore, the isovolumetric contraction time (ICT) and the time interval between the onset of the QRS wave and the peak s' wave were also measured for pulmonary annular and tricuspid annular motion velocities evaluated on TDI.

### Statistical Analysis

All data are expressed as mean  $\pm$  SD or as median (5th–95th percentiles). Statistical significance was determined using Mann-Whitney U-test or the Kruskal-Wallis test, followed by Dunn's test, as appropriate. All statistical calculations were performed using Microsoft Excel 2007 (Microsoft Corporation, Redmond, WA, USA), Prism version 6.0 (GraphPad Software, San Diego, CA, USA) or JMP 11 (SAS Institute, Cary, NC, USA) installed on a desktop computer.  $P < 0.05$  was considered significant. The interobserver and intraobserver variabilities of RV deformation and TDI measurements were assessed on Bland-Altman analysis in a blind manner. Data were recorded and assessed at 5-min intervals by observers 1 and 2 from 20 randomly selected participants. For intraobserver variability, data were analyzed twice, 8 weeks apart. Interobserver variability was assessed by analyzing data from 2 separate observers blinded to each other's results.

## Results

### Participant Characteristics

No subjects were excluded from the subsequent analyses due to suboptimal recording from poor echocardiographic imaging. Accordingly, the study group included 60 healthy children (mean age,  $2.8 \pm 1.4$  years; range, 1.0–5.0 years). Clinical, echocardiographic, and hemodynamic data are listed in **Table 1**.

**Table 1. Clinical Subject Characteristics (n=60)**

Sex (M/F)	31/29
Age (years)	$2.8 \pm 1.4$
Weight (kg)	$14.1 \pm 3.3$
Height (cm)	$93.1 \pm 7.1$
Body surface area (m <sup>2</sup> )	$0.60 \pm 0.08$
Heart rate (beats/min)	$92 \pm 12$
QRS duration (ms)	$89 \pm 8$
SBP (mmHg)	$83 \pm 7$
DBP (mmHg)	$45 \pm 6$
LVEDD (mm)	$28.2 \pm 4.7$
LVFS (%)	$38.7 \pm 6.1$
LVEF (%)	$69.3 \pm 6.2$
Transmitral flow (m/s)	
E	$1.05 \pm 0.17$
A	$0.41 \pm 0.07$
Transtricuspid flow (m/s)	
E	$0.64 \pm 0.12$
A	$0.29 \pm 0.09$
Mitral annular motion (cm/s)	
s'	$9.5 \pm 2.7$
e'	$15.7 \pm 2.9$
a'	$6.1 \pm 2.4$
Tricuspid annular motion (cm/s)	
s'	$12.9 \pm 2.8$
e'	$14.2 \pm 2.7$
a'	$6.6 \pm 2.3$

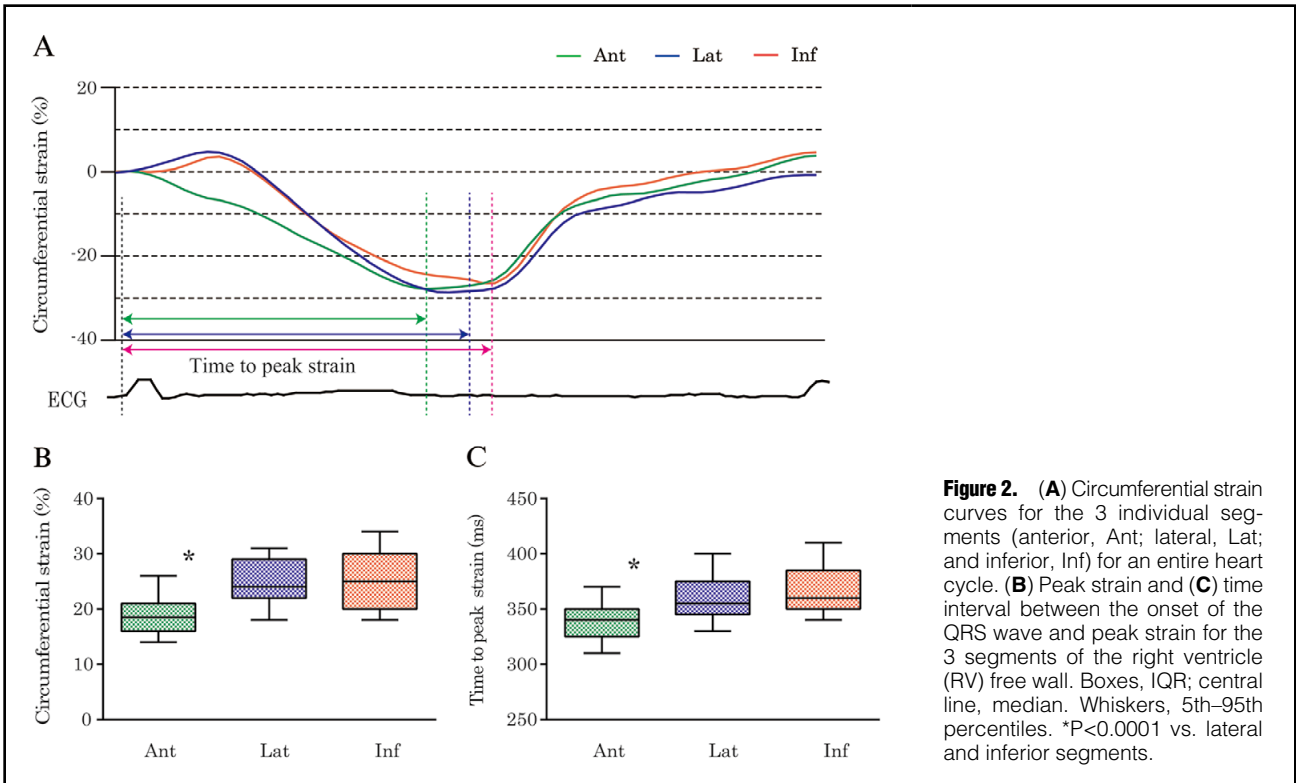
Data given as n or mean  $\pm$  SD. DBP, diastolic blood pressure; LVEDD, left ventricular end-diastolic dimension; LVEF, left ventricular ejection fraction; LVFS, left ventricular fractional shortening; SBP, systolic blood pressure.

### RV Free Wall Circumferential Strain

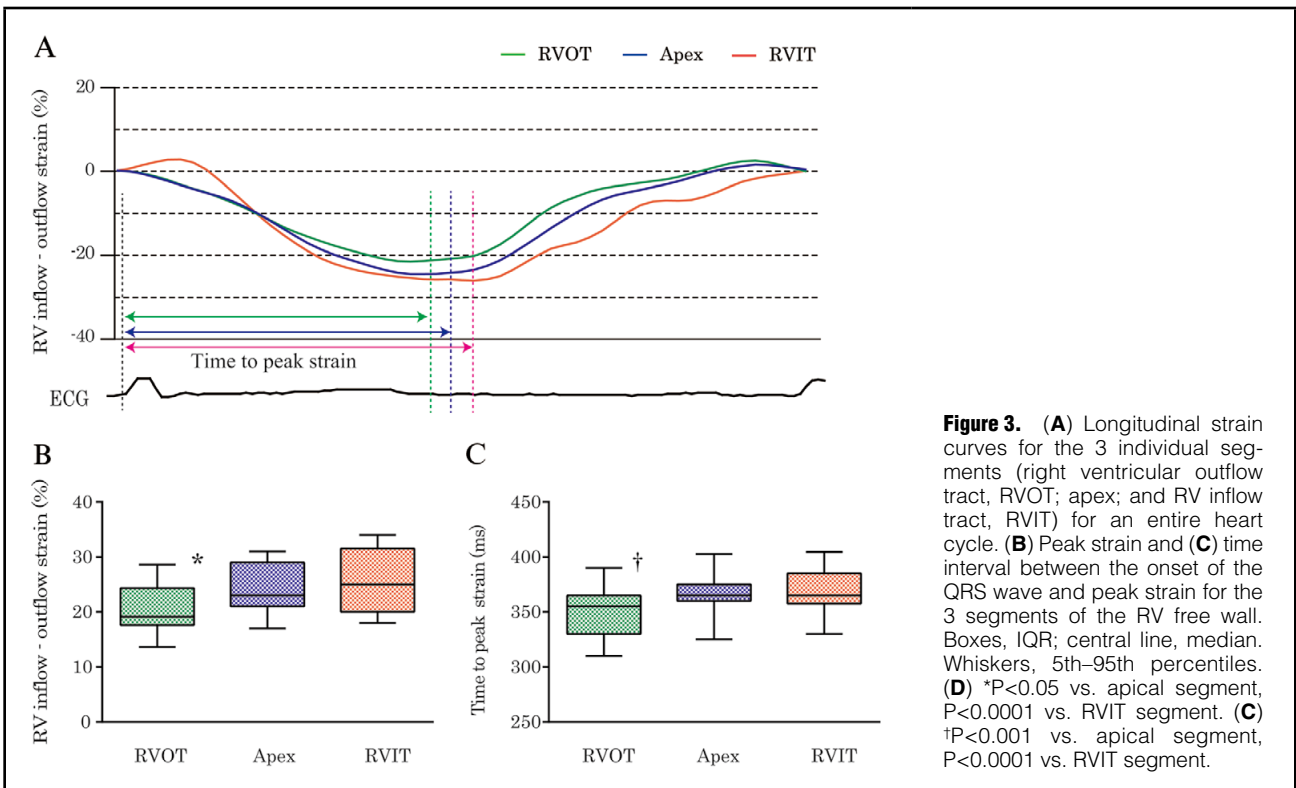
A representative recording of the profile of the RV free wall circumferential deformation in a normal subject is shown in **Figure 2**. The RV free wall was divided into 3 segments (anterior, lateral, and inferior segments). The time-strain curves of circumferential deformation for the 3 individual segments are shown in **Figure 2A**. The circumferential strain was significantly lower in the anterior segment than in the lateral and inferior segments ( $18.9 \pm 3.6\%$ ,  $24.7 \pm 4.0\%$ , and  $25.4 \pm 4.9\%$ , respectively;  $P < 0.0001$ ; **Figure 2B**), and the time interval between the onset of the QRS complex and the peak strain was significantly shorter in the anterior segment ( $339.1 \pm 19.5$ ,  $358.3 \pm 21.8$ , and  $366.6 \pm 22.4$  ms, respectively;  $P < 0.0001$ ; **Figure 2C**). **Movie S1** shows the RV circumferential strain pattern in slow motion. On visual observation the motion and contraction are earlier for the anterior segment than for the lateral and posterior segments.

### RV Free Wall Longitudinal Strain

The representative time-strain curves for the 3 segments of the RV free wall are presented in **Figure 3A**. The RV longitudinal free wall was divided into 3 segments (RVOT, apical, and RVIT segments). The strain was significantly lower for the RVOT segment than for the apical and RVIT segments ( $21.8 \pm 4.1\%$ ,  $24.1 \pm 4.5\%$ , and  $26.0 \pm 5.4\%$ , respectively;  $P < 0.0001$ ; **Figure 3B**). The RVOT segment had an earlier peak strain time than the other 2 segments ( $351.8 \pm 23.1$ ,  $366.3 \pm 20.1$ , and  $369.2 \pm 21.3$  ms, respectively;



**Figure 2.** (A) Circumferential strain curves for the 3 individual segments (anterior, Ant; lateral, Lat; and inferior, Inf) for an entire heart cycle. (B) Peak strain and (C) time interval between the onset of the QRS wave and peak strain for the 3 segments of the right ventricle (RV) free wall. Boxes, IQR; central line, median. Whiskers, 5th–95th percentiles. \*P<0.0001 vs. lateral and inferior segments.

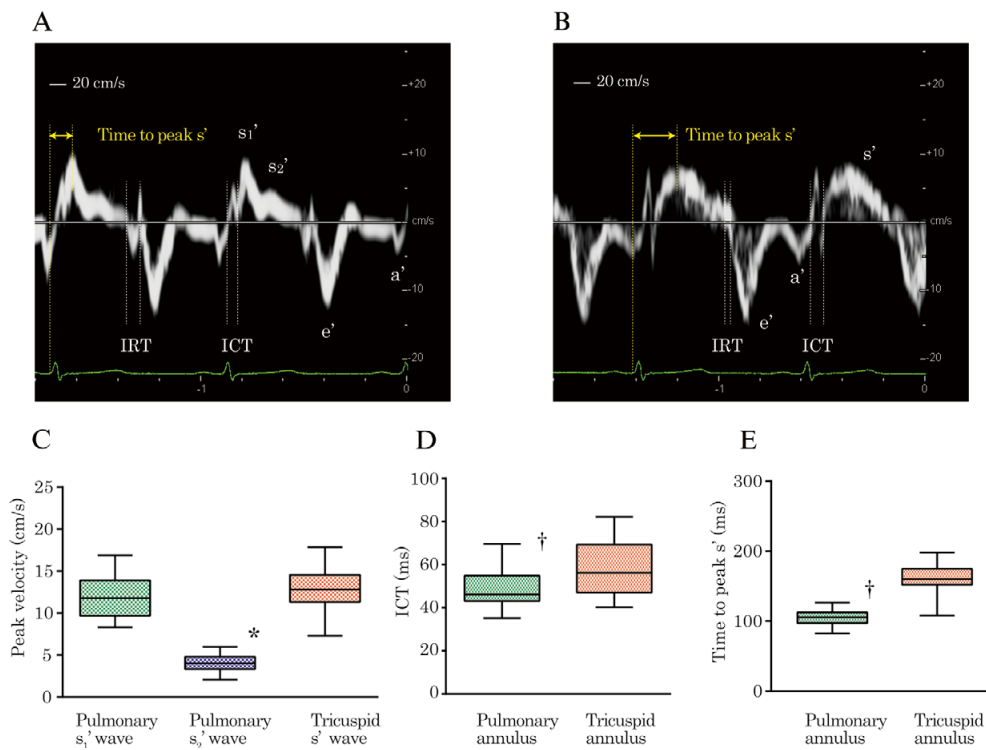


**Figure 3.** (A) Longitudinal strain curves for the 3 individual segments (right ventricular outflow tract, RVOT; apex; and RV inflow tract, RVIT) for an entire heart cycle. (B) Peak strain and (C) time interval between the onset of the QRS wave and peak strain for the 3 segments of the RV free wall. Boxes, IQR; central line, median. Whiskers, 5th–95th percentiles. (D) \*P<0.05 vs. apical segment, P<0.0001 vs. RVIT segment. (C) †P<0.001 vs. apical segment, P<0.0001 vs. RVIT segment.

P<0.0001). On the slow-motion movie of RV longitudinal deformation, the movement and deformation of the RVOT are earlier than for the apical and RVIT segments (Movie S2).

**Pulmonary Annular and Tricuspid Annular Motions**

Pulmonary annular motion and tricuspid annular motion velocities were assessed to evaluate RVOT and RVIT performance. Pulmonary annular velocity was evaluated on



**Figure 4.** (A) Pulmonary annular motion and (B) tricuspid annular motion velocity on tissue Doppler imaging. ICT, isovolumetric contraction time; IRT, isovolumetric relaxation time. (C) Peak velocity of systolic waves. (D) ICT; (E) time interval between the onset of QRS wave to the peak s' wave. Boxes, IQR; central line, median; whiskers, 5th–95th percentiles. (C) \*P<0.0001 vs. peak velocity of pulmonary s1' wave and tricuspid S' wave. (D,E) †P<0.0001 vs. tricuspid annulus.

Table 2. Inter- and Intraobserver Reproducibility		
Parameters	Interobserver variability	Intraobserver variability
<b>Circumferential strain</b>		
Peak strain of the anterior segment (%)	-0.32±2.34	-0.35±1.87
Peak strain of the lateral segment (%)	-0.33±2.21	-0.26±1.97
Peak strain of the inferior segment (%)	0.36±2.71	-0.30±1.27
Time to peak strain of the anterior segment (ms)	5.35±19.89	-4.25±16.31
Time to peak strain of the lateral segment (ms)	-6.12±20.36	-4.77±17.78
Time to peak strain of the inferior segment (ms)	-5.67±19.88	4.15±14.61
<b>Longitudinal strain</b>		
Peak strain of the RVOT segment (%)	-0.38±2.74	-0.35±2.25
Peak strain of the apical segment (%)	-0.31±2.11	-0.30±1.89
Peak strain of the RVIT segment (%)	0.27±1.79	-0.29±1.89
Time to peak strain of the RVOT segment (ms)	6.35±20.18	-4.75±19.08
Time to peak strain of the apical segment (ms)	-5.35±17.77	-4.05±17.11
Time to peak strain of the RVIT segment (ms)	-5.98±19.19	3.97±16.01
<b>Pulmonary annular motion</b>		
Peak velocity of s1' (cm/s)	-0.43±0.65	-0.40±0.58
Peak velocity of s2' (cm/s)	0.07±0.31	-0.03±0.29
ICT (ms)	0.07±3.99	0.10±3.71
Time to peak S' velocity (ms)	-0.89±4.98	-0.90±4.73
<b>Tricuspid annular motion</b>		
Peak velocity of s' (cm/s)	-0.35±0.96	-0.25±0.72
ICT (ms)	-0.23±5.12	-0.16±4.01
Time to peak S' velocity (ms)	1.09±8.69	-0.89±6.63

Data given as bias±2 SD (i.e., 95% CI). ICT, isovolumetric contraction time; RVIT, right ventricular inflow tract; RVOT, right ventricular outflow tract.

TDI (**Figure 4A**). The tricuspid annular motion is compared with the pulmonary annular velocity waveform in **Figure 4B**. The systolic wave was monomodal ( $s'$ ) for the tricuspid annular velocity and bimodal ( $s1'$  and  $s2'$ ) for the pulmonary annular motion velocity. The shapes of the  $e'$  and  $a'$  waves in diastole were similar. There was no significant difference between the peak velocity of the pulmonary  $s1'$  wave and the tricuspid  $s'$  wave ( $11.9 \pm 2.6$  and  $12.9 \pm 2.8$  cm/s), whereas the peak velocity of the pulmonary  $s2'$  wave was significantly lower than that of the other 2 waves ( $4.1 \pm 1.1$  cm/s;  $P < 0.0001$  for each; **Figure 4C**). The ICT measured at the pulmonary annulus was significantly lower than the ICT measured at the tricuspid annulus ( $49.4 \pm 10.1$  and  $58.0 \pm 13.2$  ms;  $P < 0.0001$ ; **Figure 4D**). The time interval between the onset of the QRS wave and the peak systolic waveform was significantly lower on the pulmonary annular velocity curve than on the tricuspid annular velocity curve ( $104.7 \pm 12.2$  and  $160.5 \pm 27.1$  ms;  $P < 0.0001$ ; **Figure 4E**).

### Reproducibility

On investigation of intraobserver and interobserver reproducibility with regard to myocardial deformation and TDI on Bland-Altman analysis of 20 randomly selected participants (**Table 2**), minimal bias and substantial agreement for reproducibility were noted.

## Discussion

The present study analyzed the temporal sequence of RV free wall contraction in healthy children. On speckle tracking analysis of RV free wall circumferential deformation, the contraction of the anterior segment occurs before contraction of the lateral and inferior segments. The presence of a time delay in RV longitudinal myocardial deformation between the RVOT and RVIT components in normal subjects was also demonstrated. Furthermore, in the analysis of TDI, the ICT and the time to peak  $s'$  wave were significantly lower in pulmonary annular motion than in tricuspid annular motion. Pulmonary and tricuspid annular motion velocities themselves do not directly indicate RVOT and RVIT deformation. The fact, however, that pulmonary annular motion precedes tricuspid annular motion supports and coincides with the results on longitudinal deformation. RVOT deformation was seen to occur before RVIT deformation (**Movie S2**). A time delay of contraction between the anterior segment and the lateral and inferior segments was also seen in the slow-motion movie of circumferential deformation (**Movie S1**).

Two-dimensional speckle tracking strain imaging is a recently introduced echocardiographic imaging modality that permits angle-independent multidirectional assessment of myocardial deformation.<sup>12,13</sup> Speckle tracking echocardiography enables the assessment of the temporal occurrence of regional myocardial deformation.<sup>14,15</sup> There are some limitations, however, in speckle tracking strain imaging. Given that it uses a pattern-matching algorithm, errors in early frames can become amplified through subsequent frames.<sup>16</sup> Thus, the acquisition of high-quality echocardiographic images is essential, especially the first frame at end-diastole. Nevertheless, the speckle tracking strain analysis was compatible with TDI evaluation and visual observation. This indicates that the present temporal sequence of the RV free wall is accurate and reliable.

To the best of our knowledge, this is the first study to

assess the temporal sequential pattern of RV free wall circumferential and longitudinal deformations using the combination of speckle tracking, TDI, and visual observation. Longitudinal RVOT deformation was found to occur before RVIT deformation, which seems to conflict with the theory of a peristalsis-like contraction pattern of the RV segments.<sup>8,17</sup> This peristalsis theory, postulating that the RVIT contracts before the RVOT, was originally derived from experimental animal data using sonomicrometry to assess RV motion. In several reports, a peristalsis-like pattern of RV contraction was not observed in the longitudinal direction, but it was observed in the transverse direction (RV cavity dimension), with contraction of the RVIT followed by contraction of the RVOT.<sup>7,18</sup> The temporal sequence of RV deformation with different imaging techniques provided conflicting data.<sup>4,7,8,17,18</sup> In the present study of circumferential strain, the anterior segment preceded the lateral and inferior segments. Recently, Atsumi et al demonstrated, using 3-D speckle tracking imaging, that contraction timing of the apical anterior wall and of the septal wall was earlier than of other segments.<sup>19</sup> The mean frame rate in their study was  $19.7 \pm 1.7$  frames/s, which is considered to be low for obtaining accurate temporal sequences. Their 3-D strain imaging study, however, was compatible with the present results. Differences in regional deformation of the RV free wall may be due to structural reasons, such as fiber direction, or due to differences in forces and geometry. Fiber orientation and electrical propagation are presumed to affect the regional difference.<sup>20-23</sup>

Durrer et al investigated the time course and distribution of the excitatory process of the normal human heart,<sup>24</sup> and showed that RV endocardial activation starts near the insertion of the anterior papillary muscle, approximately 5–10 ms after the onset of the LV cavity potential. Then, rapid invasion of the septum and the adjoining RV free wall occurs, resulting in epicardial breakthrough in the area pretrabecularis after approximately 20 ms. This agrees with the present results for the temporal sequence of circumferential strain. In contrast, the present results for longitudinal deformation conflict with the Durrer et al results. In the present study, pulmonary annular motion and RVOT longitudinal deformation occurred before tricuspid annular motion and RVIT longitudinal deformation, whereas in the Durrer et al study the activation proceeded in a regular, more or less tangential way, reaching ultimately the pulmonary conus (at 60–70 ms) and the posterobasal area (at 60–70 ms).<sup>24</sup> These differing results might be explained by the RV anatomy and electrical propagation. The RV wall is mainly composed of superficial and deep muscle layers.<sup>22,25</sup> The fibers of the superficial layer are arranged more or less circumferentially in a direction parallel to the atrioventricular groove. The deep muscle fibers of the RV are longitudinally aligned base to apex.<sup>22,25</sup> The myocardial segment closer to the anterior papillary muscle of the RV free wall contracts earlier than the remainder of the RV. In the free wall of the outflow tract, the segment closer to the anterior papillary muscle contracts longitudinally at the beginning of the contractions, and the segment nearer the pulmonary annulus might contract circumferentially at the end of the contraction, according to the myocardial architecture and the excitatory process from the endocardial to the epicardial direction. As a result, the time to peak longitudinal strain of the RVOT is not compatible with the electrical propaga-

tion. The time delay between the pulmonary and tricuspid annular motions is also presumed to be affected by the same mechanism.

The presence of mechanical and timing heterogeneity in the structurally and functionally normal RV has important clinical implications for future treatment of RV dysfunction, in particular with CRT. Importantly, the concept that mechanical time heterogeneity is important for RV contraction is in contrast to reported data on LV performance, in which LV dyssynchronous contraction leads to LV systolic dysfunction. In the case of LV failure, CRT improves LV function by restoring the synchronous LV contraction pattern.<sup>26</sup> Based on the present study, however, in which a mechanical time delay was identified in longitudinal and circumferential deformations of the healthy RV, these assumptions may not be applicable to RV motion patterns. The effects of CRT have been evaluated in patients with surgically corrected tetralogy of Fallot and RV dysfunction.<sup>27,28</sup> A better understanding of the RV mechanical activation patterns and the presence of a physiological RV deformation time delay, however, may be essential to maximizing the benefits of CRT. A schematic diagram of the RV free wall deformation sequence and annular motion is shown in **Movie S3**. The anterior segment of the RV free wall deformation occurs first, and pulmonary annular motion and RV longitudinal contraction are produced. Tricuspid annular motion follows and continues until end-systole. This mechanism is similar to that of the Japanese traditional water gun. Although pulmonary annular and RVOT deformations are seen in early systole, contraction of the anterior segment is essential. Pulmonary annular longitudinal contraction and subsequent tricuspid annular motion are important, and the time gap is suitable for RV ejection (**Movie S3**, second half). The presence of a mechanical timing delay might be an important factor for effective RV performance.

### Study Limitations

This study covered a small number of participants in a prospective single-center study. Echocardiography was obtained from the subcostal and subxiphoid approaches. It should be noted that this image can be obtained only in children, not in adults. Therefore, further studies of larger populations, including adults and patients with RV failure, are necessary to determine the RV free wall deformation pattern. Second, although the heart deforms in 3-D space, 2-D speckle tracking echocardiographic data were used. In current 3-D tissue tracking imaging, however, the frame rate is presumed to be too low for acquisition of an accurate deformation pattern. Therefore, RV free wall deformation was assessed in circumferential and longitudinal directions. In the future, it will be useful to develop 3-D-speckle tracking echocardiography equipment with a higher frame rate. Next, although the annular motions are presumed to reflect RV regional performance, the adjacent structures, including LV contraction, the pulmonary arterial wall, and right atrial condition, also affect TDI evaluation. Further studies are needed to determine the utility of pulmonary annular and tricuspid annular motions for the determination of RV time sequence and dyssynchrony.

### Conclusions

Mechanical time heterogeneity is present in the normal RV. Longitudinal deformation of the RVOT precedes that

of the RVIT. Circumferential deformation of the anterior segment occurs before that of the lateral and posterior segments. It will be important to determine whether these time delays are reasonable and useful indicators of RV performance.

### Conflict of Interest

The authors declare no conflict of interest.

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### Supplementary Files

#### Supplementary File 1

**Movie S1.** Right ventricular circumferential strain pattern in slow motion. The replay speed is one-tenth of the original record. On visual observation the motion and contraction are earlier for the anterior segment than for the lateral and posterior segments. Tracking points are selected in the first frame of a 2-D echocardiographic image. The movement of the tracking points can be visualized on the screen during analysis, and the trace of the points can be confirmed.

#### Supplementary File 2

**Movie S2.** Right ventricular (RV) longitudinal strain pattern in slow motion. The replay speed is one-tenth of the original record. On visual observation the movement and deformation are earlier for the RV outflow tract than for the apical and RV inflow tract segments. LVOT, left ventricular outflow tract.

#### Supplementary File 3

**Movie S3.** Schematic diagram of the right ventricular (RV) free wall deformation sequence and the pulmonary and tricuspid annular motion. The anterior segment of RV free wall deformation occurs first, and pulmonary annular motion and RV longitudinal contraction are produced. Tricuspid annular motion follows and continues until end-systole. The mechanics of RV contraction are similar to those of the Japanese traditional water gun. Although pulmonary annular and RV outflow tract deformations are seen in early systole, the contraction of the anterior segment of the RV free wall is essential and induces them. Pulmonary annular motion followed by subsequent tricuspid annular motion is a reasonable mechanism. The time gap is appropriate for RV ejection. The presence of a mechanical timing delay might be an important factor for effective RV performance.

Please find supplementary file(s);  
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